

Clarinda Mental Health Institute



Purpose

Clarinda Mental Health Institute (MHI) is one of Iowa's four mental health institutes providing short term psychiatric treatment and care for severe symptoms of mental illness. Clarinda has 15 adult psychiatric beds and 20 gero-psychiatric beds.

Who Is Helped

Clarinda provides inpatient psychiatric service to adults.

Clarinda also provides gero-psychiatric services and nursing level care to patients with serious cognitive loss or dementia with significant behavior problems.

68 percent of the adult patients were involuntarily admitted in SFY14. Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

In SFY14:

- 176 admissions
- 204 total served:
 - 23 gero-psychiatric
 - 181 adult acute psychiatric

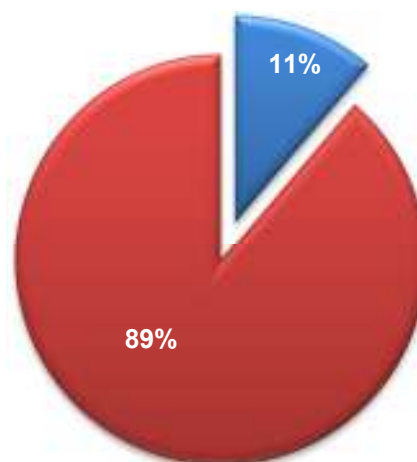
In the past several years the number of beds has decreased which has affected admissions.

The average adult psychiatric patient is a 49-year-old male who is involuntarily admitted. The average length of stay is 16 days.

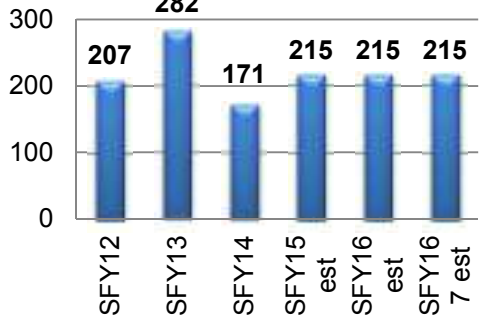
The average gero-psychiatric patient has had 15 placements prior to admission. Ages range from 46 to 84. The majority are male. Individuals served by in this program will likely need this level of care for the rest of their lives.

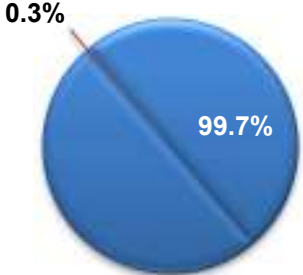
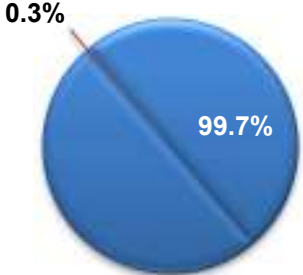
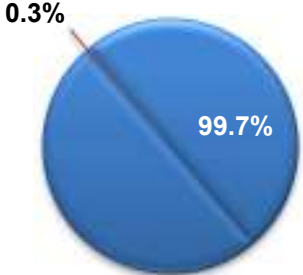
Number Served in SFY14

- Gero-psychiatric (11%)
- Adult Acute Psychiatric (89%)



- ✓ *Clarinda has a total of 15 adult psychiatric beds or 2 percent of the 828 inpatient licensed community psychiatric beds in the state.*
- ✓ *Clarinda has a total of 20 gero-psychiatric beds or 16 percent of the total 122 licensed nursing home beds that serve gero-psychiatric patients in the state.*
- ✓ *Clarinda served 34 percent of the total Mental Health Institute adult admissions in SFY14.*

| Services | <p>Adult Acute Psychiatric Services</p> <ul style="list-style-type: none">• 15 inpatient beds.• 24-hour psychiatric treatment and mental health habilitation.• Clarinda periodically has waiting lists for admission. <p>Gero-psychiatric Services</p> <ul style="list-style-type: none">• 20 inpatient/nursing facility beds.• Five new admissions in SFY14. | <p>Adult Psychiatric Admissions</p>  <table><caption>Adult Psychiatric Admissions Data</caption><tr><th>SFY</th><th>Admissions</th></tr><tr><td>SFY12</td><td>207</td></tr><tr><td>SFY13</td><td>282</td></tr><tr><td>SFY14</td><td>171</td></tr><tr><td>SFY15 est</td><td>215</td></tr><tr><td>SFY16 est</td><td>215</td></tr><tr><td>SFY16 7 est</td><td>215</td></tr></table> | SFY | Admissions | SFY12 | 207 | SFY13 | 282 | SFY14 | 171 | SFY15 est | 215 | SFY16 est | 215 | SFY16 7 est | 215 |
|--|--|---|-----|------------|-------|-----|-------|-----|-------|-----|-----------|-----|-----------|-----|-------------|-----|
| | SFY | Admissions | | | | | | | | | | | | | | |
| SFY12 | 207 | | | | | | | | | | | | | | | |
| SFY13 | 282 | | | | | | | | | | | | | | | |
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| SFY16 est | 215 | | | | | | | | | | | | | | | |
| SFY16 7 est | 215 | | | | | | | | | | | | | | | |
| <ul style="list-style-type: none">✓ <i>Clarinda’s gero-psychiatric program meets nursing facility standards and is licensed as a hospital nursing facility.</i>✓ <i>44 percent (38 FTEs) of the staff are direct care, 33 percent (28 FTEs) are professional and treatment professionals, 9 percent (8 FTEs) are maintenance, 2 percent (2.1 FTEs) are other support staff, and 12 percent (10 FTEs) are administrative.</i>✓ <i>In SFY15, 87.4 percent of the Clarinda MHI operating budget is for staffing costs and 12.6 percent is for the support costs.</i>✓ <i>17 MHI buildings on 170.24 acres for the joint campus (23 acres managed by Iowa Prison Industries).</i> | | | | | | | | | | | | | | | | |
| Goals & Strategies | <p>Goal: Promote Iowa’s Behavioral Health Status Strategy:</p> <ul style="list-style-type: none">• Improve the level of functioning of individuals served.• Reduce the use of restraint and seclusion.• Provide quality discharge planning to reduce readmission rate. | <p>Results SFY14:</p> <ul style="list-style-type: none">• 5 minutes of restraint are used per 1,000 hours of adult psychiatric inpatient hours.• Zero hours of restraint are used per 1,000 hours of gero-psychiatric inpatient hours.• 100 percent of adult acute psychiatric patients show improvement in ability to function as measured by the Global Assessment of Functioning (GAF).• 94 percent of acute psychiatric adult patients are not readmitted within 30 days of discharge. | | | | | | | | | | | | | | |
| Cost of Services | <p>MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY15 per diems are based on costs experienced January 1, 2013 through December 31, 2013.</p> <p>Daily per diem rate:</p> <p>Adult psychiatric, \$857</p> <p>Gero-psychiatric, \$742</p> <p>Cost per episode of care:</p> <p>Adult psychiatric, \$12,403</p> <p>Gero-psychiatric, \$228,922</p> | | | | | | | | | | | | | | | |

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| | <ul style="list-style-type: none"> ✓ <i>Clarinda employee spending in the local economy induces \$3.54 million in county industrial output, which supports 42 jobs earning \$.950 million in labor incomes. In all, MHI accounts either directly or indirectly for \$12.3 million in area industrial output, \$9.43 million in value added, \$8.52 million in labor income, and 226 jobs. (Swenson, D. and Eathington, L., Iowa Mental Health Facility Economic, Fiscal, and Community Impact Analysis, 30 November 2009:17.)</i> ✓ <i>Clarinda is co-campused with a 795-bed prison and a 147-bed minimum security unit. The campus shares services with the Department of Corrections for maintenance, dietary, and business office functions.</i> ✓ <i>Three tenants operate programs on the Clarinda campus.</i> | | |
| Funding Sources | <table border="1"> <tr> <td data-bbox="378 520 992 1035"> <p>The Clarinda Mental Health Institute is largely funded by state general funds with a small amount of funding from other sources.</p> <p>The total budget for SFY16 is \$8,701,201:</p> <ul style="list-style-type: none"> • \$8,674,701 (99.7 percent) is state general fund. • \$26,500 (0.3 percent) is from other funding sources. </td><td data-bbox="992 520 1528 1035"> <p style="text-align: center;">SFY16 Funding</p> <ul style="list-style-type: none"> ■ State General Fund (99.7%) ■ Other Funding (0.3%)  <p>A pie chart titled 'SFY16 Funding' showing two segments. The large blue segment represents the 'State General Fund' at 99.7%, and the very small red segment represents 'Other Funding' at 0.3%.</p> </td></tr> </table> <ul style="list-style-type: none"> ✓ <i>Clarinda receives an “upfront” appropriation from the state general fund.</i> ✓ <i>The patient’s county of residence is required to pay 80 percent of the county capped per diem for those who are not Medicaid eligible. Counties are billed the per diem minus any third party payments. County receipts are deposited in the state general fund.</i> ✓ <i>Gero-psychiatric services are billed to the county of residence at 80 percent of the capped per diem for patients not covered by other payor sources such as private insurance, Medicaid or Medicare.</i> | <p>The Clarinda Mental Health Institute is largely funded by state general funds with a small amount of funding from other sources.</p> <p>The total budget for SFY16 is \$8,701,201:</p> <ul style="list-style-type: none"> • \$8,674,701 (99.7 percent) is state general fund. • \$26,500 (0.3 percent) is from other funding sources. | <p style="text-align: center;">SFY16 Funding</p> <ul style="list-style-type: none"> ■ State General Fund (99.7%) ■ Other Funding (0.3%)  <p>A pie chart titled 'SFY16 Funding' showing two segments. The large blue segment represents the 'State General Fund' at 99.7%, and the very small red segment represents 'Other Funding' at 0.3%.</p> |
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SFY16 & SFY17 Budget Drivers

The total SFY16 Clarinda budget request reflects a \$89,913 (-1.0 percent) general fund decrease from the SFY15 Enacted Appropriation and Medical Assistance adjustment.

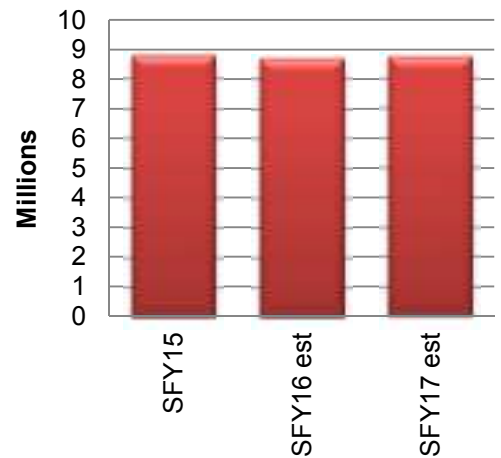
The total SFY17 Clarinda budget request reflects a \$45,332 (-0.5 percent) general fund decrease from the SFY15 Enacted Appropriation and Medical Assistance adjustment.

The key budget drivers of the SFY16 & SFY17 decrease are:

- Reallocate State Employee Retirement Incentive Program (SERIP) funds to Medical Assistance.
- Increased costs of food, pharmaceuticals, utilities, and other items is \$47,990 in SFY16 and \$44,581 in SFY17.
- The total SFY16 budget reflects an overall \$89,913 decrease (-1.0 percent) from SFY15 and the total SFY17 budget reflects a \$45,332 (less than 1 percent) decrease from SFY15.

Total Budget Funding Mix

■ State General Fund ■ Other Funding*



* Includes \$26,500 in Other Funding for SFY15-SFY17.

- ✓ *The impact of not funding the increased cost of services will be an estimated loss of 0.7 FTE in SFY16 and 1.4 FTEs in SFY17.*

Legal Basis

State:

- Code of Iowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812
- Iowa Administrative Code 441 IAC 28 and 29